

Oakhill Primary School

Whole School Physical Education Curriculum.



BEE ACTIVE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Musical Movements	Spatial Awareness	Ball Play	Sensory Play	Animal & Creative Movements	Outdoor Play
Reception	Playground Games	Running – Speed, Stopping, Starting & Changing Direction	Jumping	Throwing & Kicking	Hopping & Skipping	Traditional & Wacky Races
Year 1	Tag-based Games	Travelling – Footwork, Floorwork & Creative Movement	Balance	Coordination	Trapping & Blocking	Dance
Year 2	Capture & Evasion	Gymnastics - Shapes	Throwing & Catching	Striking with Equipment	Dance	Team Games
Year 3	Basketball	Inclusive Sports	Gymnastics – Floorwork & Sequencing	Dance	Multi-skills	Athletics – Running
Year 4	Dodgeball	Athletics - Jumping	Dance	Football	Cross Country	Target Sports
Year 5	Dance	Athletics – Throwing	Hockey	Gymnastics – Stands, Vaults, Balances & Rolls	Racket Sports	Striking & Fielding
Year 6	Tag Rugby	Dance	Combat Sports	Flexibility & Mobility	Rounders	Multi-sport Competitions